



NIGHTOWL

STEP BY STEP INSTRUCTIONS

Your doctor has advised you to perform a NightOwl® sleep test. This test will check if you suffer from sleep apnea. It measures signals from the tip of your finger with a small light sensor that connects wirelessly with your smartphone throughout the night. You NO- may be asked to sleep with this sensor for a more than one night.

Obtaining and setting up the test is very straightforward. Please follow the steps set out below. Before your doctor can discuss the test results with you, you must return the NightOwl® test kit following the instructions set out below.



Download the NightOwl® Companion app



1. On your smartphone, open the App store app (iPhone) or the Play Store app (Android).



2. In the app you just opened, search for and download the 'NightOwl® Companion' app.



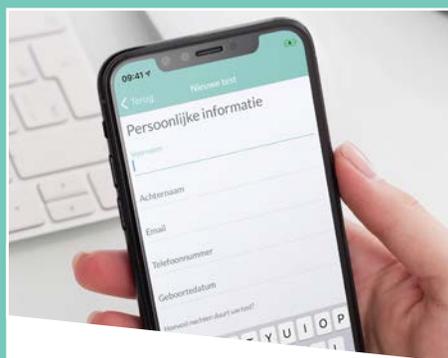
3. Open the 'NightOwl® Companion' app. Press the button displaying 'I have an activation code' and give permission to use the camera.

Scan the code



123456789

4. Follow one of these two options: Scan the QR code above or enter the code manually.



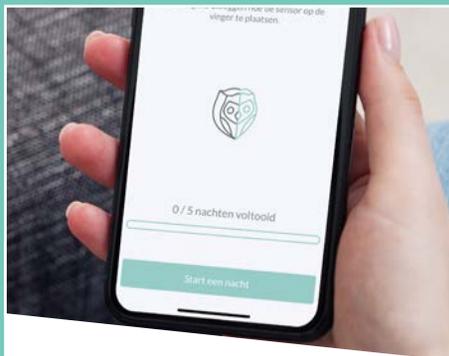
5. Fill in the requested information.

Questions? Visit ectosense.com/help

Start the NightOwl® test



6. The test kit contains: a NightOwl® sensor, charger, plug, cable, and finger wraps.



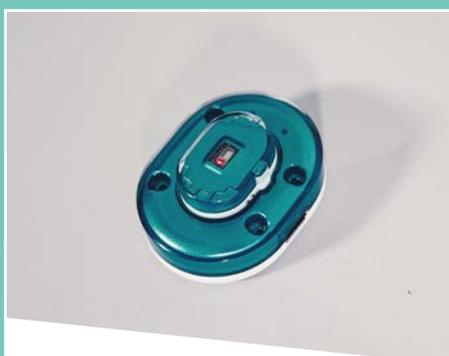
7. When you're ready to go to bed, please open the NightOwl® app on your smartphone. You can go to bed at your usual bedtime.



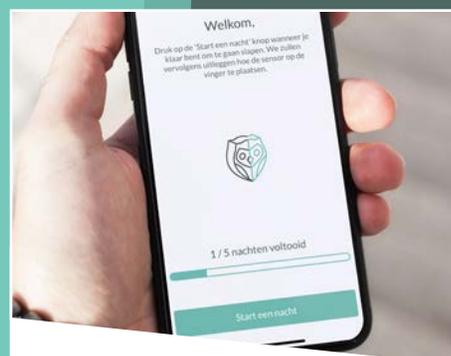
8. Click the 'set up my test' button and follow the simple instruction videos which the NightOwl® Companion app will guide you through. Sweet dreams!



9. In the morning, you can finish the test by pressing the 'wake up' button in the smartphone app.



10. Follow the instruction videos in the application to charge the NightOwl® sensor.



11. Repeat Step 8 to Step 10 for the number of nights agreed with your doctor.

Return the NightOwl®



12. Return the device during your next visit to your doctor. He will discuss the test results with you.

The NightOwl® Sensor and NightOwl® Software are separate medical devices under MDD 93/42/EC. Together they form the NightOwl® system. Sale restricted to EU Member States

REF INSEN001

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